

SDG 3

3.3.2. Health outreach programmes

Dedication of First Aid Centre at Primary Health Centre, Guduvancherry 14.12.2021

National Service Scheme, BSA Crescent Institute of Science and Technology renovated the First Aid Centre of the Primary Health Centre, Guduvancherry and the grand opening held on 14th December 2021, 11 AM. The project was carried out by NSS as a part of SWACHH BHARAT- Clean India, Asset Creation for Community Project. The renovated First Aid Centre was opened by Dr.A.Peer Mohammed, Vice Chancellor, BSACIST in the presence of Dr.B.Baranidharan, Deputy Director of Health Service, Chengalpet Dist. Dr.M.Rajesh,BMO, Kuttankulathu Block welcomed the gathering. Dr. A .Azad, Registrar, Dr. N.Raja Hussain, Additional Registrar and Mr. VNA Jalal, Senior General Manager offered felicitation in the function. Dr. D.Ayub Khan Dawood , NSS Coordinator BSACIST delivered vote of thanks.



Inaugural ceremony of First Aid Centre @ Primary Health Centre, Guduvancherry



NSS Coordinator addressing the gathering



Deputy Director of Health Service,
addressing the gathering



Vice Chancellor and Registrar and other officials with NSS Team during Inauguration

NSS Special Camp – Keerappakam, Arungal and Murugamangalam Village panchayaths – Kanchipuram district

The five days special camp has been organized by the NSS units of BS Abdur Rahman Crescent Institute of Science and Technology at Keerappakam, Arungal, and Murugamangalam panchayaths in the Kattankullathur union of Kanchipuram district of Tamil Nadu during the period of 27.09.2021 to 01.10.2021. There were various programmes and functions were organized under the leadership of the NSS units of the Crescent Institute. Programmes like cleaning of school premises, **awareness of healthy food habits, importance of hygiene and sanitation**, manuring and irrigation, importance of disaster management, farm pond, rainwater harvesting and conservation methods- and various sports, funs and cultural programmes for the school children's and for NSS volunteers. The main motives for conducting the special camp is to develop the society, enlighten the villagers and NSS volunteers by giving awareness on various socio-economic issues facing by the downtrodden sections. Around 150 volunteers from the three III units of the NSS Crescent Institute of Science and Technology including boys and girls were actively participated each and every programme conducted in the village as part of special camp.

Valedictory function was organized in the last day of the special camp at the Keerapakkam panchayath middle school premises. The function was inaugurated by our Honourable registrar Dr. A. Azad of BSA Crescent Institute of Science and Technology.

Special Camp at the Keerapakkam Panchayath Middle School Premises



Free COVID19 Vaccination Camp Dated. 10.12.2021

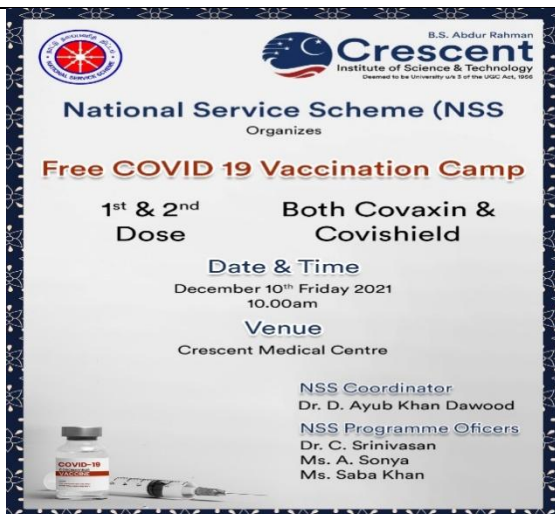
The NSS units of Crescent Institute of Science and Technology, has conducted a free covid vaccination drive on 10-12-2021 for the students and staffs of institute. The camp conducted with the support of First Aid Centre of the Primary Health Centre, Guduvancherry. Both covaxin and covishield vaccine administered in the camp. More than 500 hundred students and staffs benefitted through this free vaccination drive.



Vaccine administration



Inauguration of camp



Invitation of free vaccination camp



Students and staff waiting for vaccine

Webinar on Health and Hygiene on Women on

3rd September 2020

The NSS unit of Crescent Institute of Science and Technology along with the Inner Wheels Club of Chennai KK Nagar has organized a Webinar on Health and Hygiene for Women (PAAVAI). The chief guest of the webinar was Mrs. Usha Sarogi, District chairman IWD 323. She highlighted the importance of complete knowledge as well as accurate information when making decisions, of not giving in to societal stigma and pressure, voicing issues, and taking charge of one's own body. Dr. C. Samuel Chellaiah was the guest honour in the webinar. He focused on the importance of enhancing the knowledge of young women regarding health and hygiene management so that they are able to move from anxiety to confidence.

In the key note address Dr. Prasad Mane and team deliberated about issues about mental health in women, psychosexual health, infections, dermatological problems, chronic diseases as well as vaccines and screenings. The event was followed by Q&A session. Dr. D. Ayud Khan Dawood, NSS Coordinator has given the welcome address in the workshop. The webinar concluded with a formal vote of thanks by NSS Program Officer Ms. Sonya. A total no of 60 girls students including female faculties actively participated in the webinar.

INVITATION
 Inner Wheel Club of Chennai K K Nagar
 &
B.S.A Crescent Institute of Science and Technology
National Service Scheme
 Cordially Invite You to
'PAAVAI'
 (Project Awareness on Health and Hygiene for Young Women)
 On 3rd September 2020 at 3.30 PM

Chief Guest
Mrs. Usha Saraogi
 District Chairman, IWD 323

Guest of Honour
Dr. C. Samuel Chellaiah
 Regional Director
 NSS Regional Directorate, Chennai

Key Note Address
Dr. Prasad Mane & Team
 KMC Alumni Association.

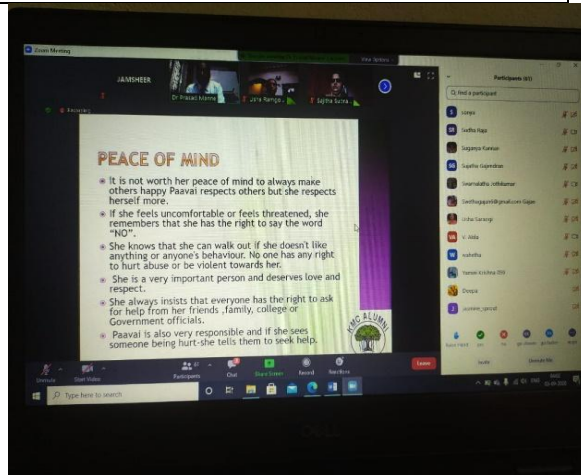
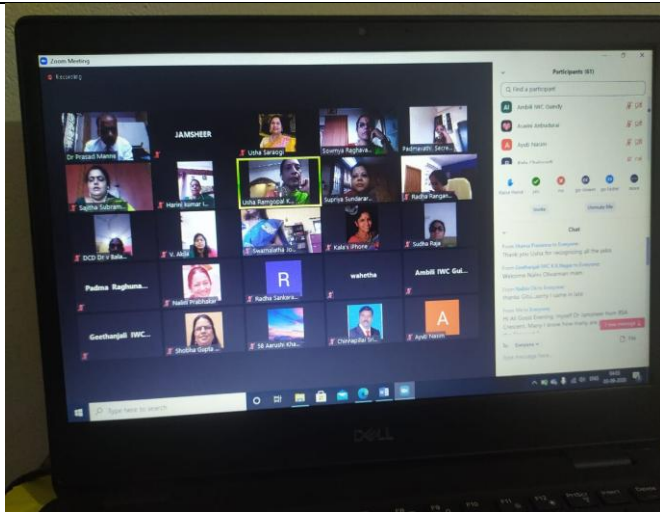
Mrs. Sowmya Raghavan
 President IWC KK Nagar

Dr. Ayub Khan Dawood
 NSS Coordinator, BSACIST

Dr. Muhammed Jamsheer T P
 Dr. C. Srinivasan
 Ms. Sonya
 Ms. Sabha Khan
 NSS Programme Officers

Zoom
 ID: 9630518214
 Password: PAAVAI

Invitation



Screen Shot of the webinar

Vaccination Drive

“Vaccines are the tugboats of preventive health”

We the Rotaract Club of Crescent, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), supported the Greater Chennai Corporation on successfully completing the first Mega Vaccination drive, which was held on 12th September 2021 from morning 7 AM to evening 4 PM.

As the Chief Minister of Tamil Nadu had announced about the Mega Vaccination Drive on 12th September 2021, in which 25 lakhs plus people have to be vaccinated on that day in all over Tamil Nadu, the target for Chennai was set up to 3 lakhs people. This was brought to the notice of Rotary District 3232. From Rotary and Rotaract various clubs took part in this mega vaccination drive. As it is a well-known fact that Rotary and Rotaract was one main source and reason to end polio. Again, Rotary and Rotaract was a belief to make it spread larger and wider. Rotaractors of various clubs initiated themselves in volunteering in this Mega Vaccination Drive. As a part of it, 10 rotaractors of our club volunteered ourselves in this vaccination drive. We made entry of the people and their details who got vaccinated on that particular day. 2 rotaractors went to 5 different places where vaccination camp was located to collect the details of how many people got vaccinated at equal intervals of time. We even pulled people to get vaccinated by advertising (issuing pamphlets) and campaigning. We had a count of more than 1800 people getting vaccinated their 1st and 2nd dose. That was one day in which we gained a lot of experience. We thank our Greater Chennai Corporation, Government of Tamil Nadu and District Rotaract Council for lending us this great opportunity. We thank our fellow rotaractors without whom this wouldn't be a great success.

World Blood Donor Day

WORLD BLOOD DONOR DAY

JUNE 14



An awareness initiative by **Crescent Blood Donors** and **Crescent Literary Society**

BLOOD IS REPLACEABLE, LIFE IS NOT.

Crescent Blood Donors, in collaboration with Crescent Literary Society, bring you a little something to raise awareness for blood donation on World Blood Donor Day.

Come and mythbust everything you think you know about blood donation with our **quiz** and dont forget to join the **Instagram Live** on 14th June at 6 PM !

For more information, contact Kalesh Khan (959799873) Event Manager, CBD
or Kaaviya Balakrishnan (9789305678) President, CLS

World Blood Donor Day was celebrated by the Crescent Literary Society in collaboration with the Crescent Blood Donors on the 14th of June, 2020. The event comprised of an informative quiz and a live session; spreading awareness on blood donation, unknown facts, and common myth-busters.

The quiz, prepared by Zaid Abdullah (3rd year B.Tech Mech, Convener of Quizzers Circuit- Crescent Literary Society) was taken up by around 200 people and immensely helped to check one's cognizance about Blood donation. The questions aided in better understanding and the need to donate blood. Several facts, which the public is unfamiliar with were asked in order to let people know about their knowledge regarding this noble

practice. Certificates were sent through an automated system to the participants who passed the quiz.

The live session was conducted on Crescent Literary Society's official Instagram page (@crescentlitsociety) around 6 pm on June 14th to educate more than 300 people about blood donation. The session was hosted by Talha Abdur Rahman (1st year B.Tech ECE - Crescent Literary Society) and joining him was Kalesh Khan (4th year B. Tech Civil- Crescent Blood

Donors). Together, they discussed the common myths regarding blood donation and answered some basic queries that people tend to have about donating blood. The Q&A session was incredibly informative as Kalesh Khan answered all the questions posed by Talha Abdur Rahman, especially on the health aspects such as the side effects and benefits of blood donation. The kind of nutrition or diet to be taken by a donor, before and after a blood donation was also made clear in this session. Several myths that were believed by the public for ages were also discussed, such as the assumption of getting one's immune system weak by donating blood or even getting a disease due to a donation.

All the barriers of people's minds that prevented them from donating blood were addressed and broken free through the campaign. It turned out to be extremely fruitful, encouraging and helped create a positive wave among the student masses.

Yaavarum Nalam – Community Service

12th July 2020 to 29th July 2020

We shared knowledge about the reason and how to overcome the stress. We had IG live with Hope Homeo Healing. The answers were shared in Instagram through poster for the queries we collected.

- Tie up: Hope Homeo Healing
- Platform : Instagram Live
- No. of Beneficiaries : 140



MENSTRAID

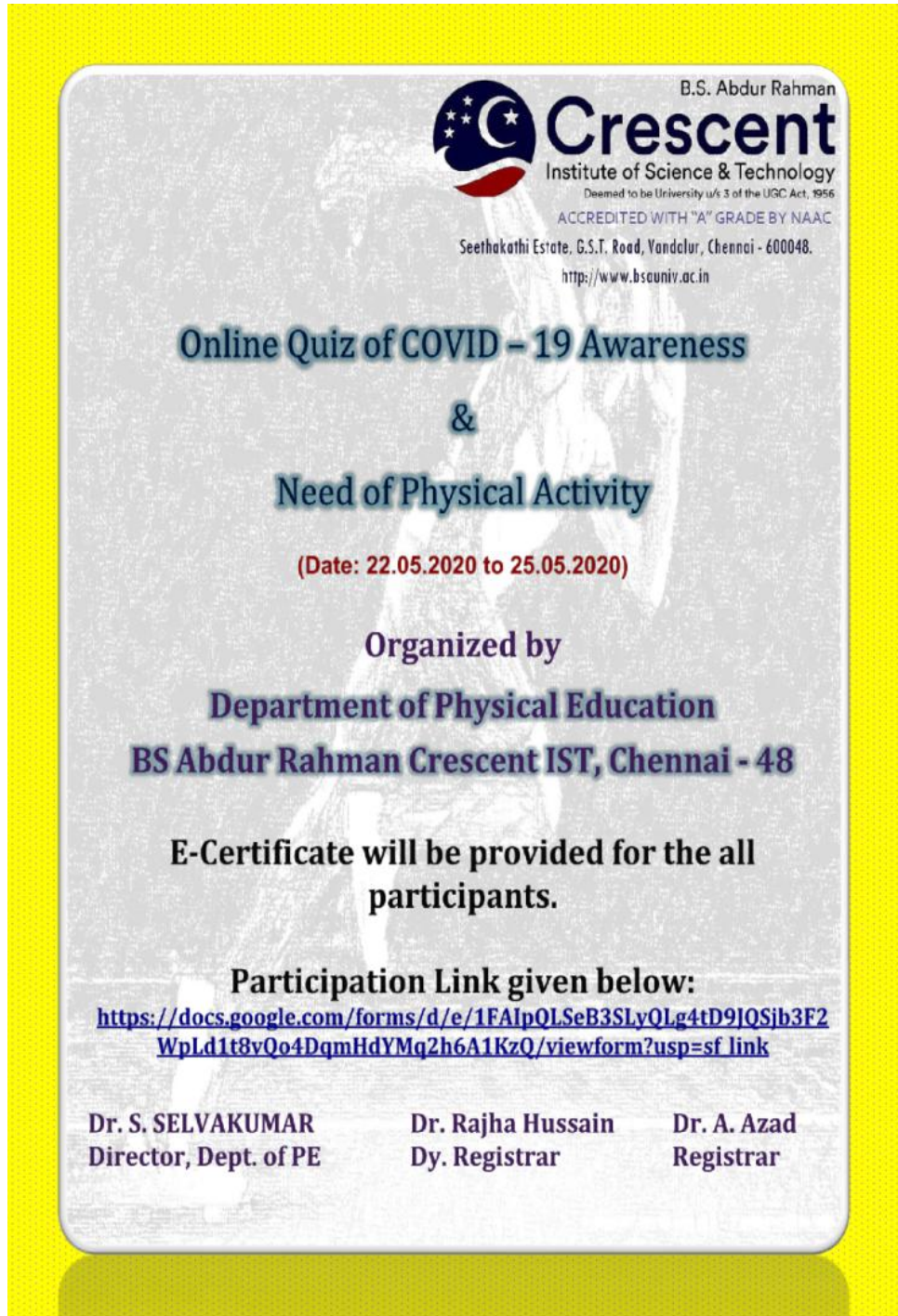
“Happiness lies in sharing, share a little amount from your total.”


We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event **“MENSTRAID”**, where we bought a **Sanitary napkin Dispensary machine along with sanitary napkins**, as a **District Rotaract Council initiative**.

We have fixed this machine in a government school nearby our college and keep on checking for it. The sanitary napkin which has been purchased is also set in the school.

Online Quiz of COVID - 19 Awareness and Need of Physical Activity

Department of Physical Education organized Online Quiz of COVID 19 Awareness and Need of Physical Activity on 22.05.2020 to 25.05.2020.



 B.S. Abdur Rahman
Crescent
Institute of Science & Technology
Deemed to be University u/s 3 of the UGC Act, 1956
ACCREDITED WITH "A" GRADE BY NAAC
Seethakathi Estate, G.S.T. Road, Vandalur, Chennai - 600048.
<http://www.bsouniv.ac.in>

**Online Quiz of COVID – 19 Awareness
&
Need of Physical Activity**

(Date: 22.05.2020 to 25.05.2020)

**Organized by
Department of Physical Education
BS Abdur Rahman Crescent IST, Chennai - 48**

**E-Certificate will be provided for the all
participants.**

Participation Link given below:
https://docs.google.com/forms/d/e/1FAIpQLSeB3SLyQLg4tD9IQSjb3F2WpLd1t8vQo4DqmHdYMQ2h6A1KzQ/viewform?usp=sf_link

Dr. S. SELVAKUMAR Director, Dept. of PE	Dr. Rajha Hussain Dy. Registrar	Dr. A. Azad Registrar
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Online Quiz, Asana Posture Competition and Live demo and Webinar on Yoga

Department of Physical Education, office of Student Affairs and Crescent Silambam Club organized Online Quiz, Asana Posture Competition and Live demo and Webinar on Yoga by Dr.Selvi on 21.06.2020



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INTERNATIONAL YOGA DAY CELEBRATIONS OF CRESCENT FAMILY

Department of Physical Education
Jointly Organized with
Student Affairs & Crescent Silambam Club

Live Event of Yoga Demonstration
(On 21.06.2020 @ 6.30 am)

Asana Poster Competition
(3 Asana Images Should be sent in JPEG format on or before 20.06.2020)

Online Quiz Programme



Link will be available from 21.06.2020
E-Certificate will be provided for the all participants.

For Registration:



Further Details

Dr. S. Selvakumar
Director
Dept of Physical Education
9790085085

Dr. Karthikeyan
Dean
Student Affairs
7502534668

"YOGA AT HOME" AND "YOGA WITH FAMILY"

Yoga day celebrating 2021the Webinar on Yoga as the Celebration of
*INTERNATIONAL DAY OF YOGA 2021*BS Abdur Rahman Crescent Institute of
Science and Technology* GST Road, Vandalur,Chennai

*WEBINAR ON YOGA FOR HOLISTIC LIVING *

(19TH & 20TH JUNE 2021 @ 5PM)

*LIVE DEMO AND WEBINAR ON YOGA FOR IMMUNITY IMPROVEMENT AND
ANNOUNCEMENT OF SUPER BRAIN YOGA COMPETITION WINNERS*



INTERNATIONAL YOGA DAY CELEBRATIONS – 2021

Department of Physical Education, Student Affairs & Crescent Silambam and Yoga Club

Jointly Organizing

WEBINAR ON YOGA FOR IMMUNITY IMPROVEMENT & ANNOUNCEMENT OF SUPER BRAIN YOGA COMPETITION WINNERS

(On 21st June 2021 @ 10am)



Speaker:

Dr. S. Jayaprakash
Principal,
Vethatiri Maharishi College of Yoga.

Register for Free,

Link: <https://forms.gle/stdN7qZRvct6BMkr7>

Join WhatsApp: <https://chat.whatsapp.com/HFm3rEOibot0UjqVdxBQuk>

Joining Link (Google Meet): <https://meet.google.com/gve-gano-hcv>

Organizing Secretaries:

Dr. S. Selvakumar
Director, Dept. of Physical Education
9790085085

Dr. R. Karthikeyan
Dean, Student Affairs
7502534668

*E – Certificate will be Provided for Registered Participants

Yoga for Harmony & Peace
"YOGA AT HOME" AND "YOGA WITH FAMILY"

FIT India Freedom Run 2.0

BSA Crescent IST students and staff members were participated in the FIT India Freedom Run 2.0 organised by Sports Development Authority of Tamil Nadu, Chengalpattu for the Celebration of 75th Independence Day, awareness of fitness among people and Awareness of COVID 19 vaccination. Chengalpet District Collector Thiru. A. R. Rahul Nath IAS has inaugurated the event and distributed Price and Certificates to the Participants. Department of Physical Education express its gratitude to the Management and Authorities of Crescent IST.



75வது சுதந்திர தின 2.0 ஓட்டம்
கலைக்கடர் துவக்கி வைத்தார்

செங்கல்பட்டு, செப்.12: செங்கல்பட்டு கலைக்கடர் அலுவலகத்தில், 75வது சுதந்திர தினத்தை முன்னிட்டு, 2.0 ஓட்டம் நேற்று நடந்தது. கலைக்கடர் ராகுல்நாத் கொடியசைத்து துவக்கி வைத்தார்.

செங்கல்பட்டு கலைக்கடர் அலுவலக வளாகத்தில் 75வது சுதந்திர தின விழாவை கொண்டாடும் விதமாக நேரு யுவகேந்திரர், நாட்டு நலப்பணிக் கிட்டம் மற்றும் தமிழ்நாடு விளையாட்டு மேம்பாட்டு ஆணையம் ஒருங்கிணைந்து சுதந்திர தின 2.0 ஓட்டத்தை கலைக்கடர் ராகுல்நாத் நேற்று கொடியசைத்து துவக்கி வைத்தார்.

அனைத்து மக்களும் குறைந்தது 30 நிமிடம் உடற்பயிற்சிக்கு நேரம் ஒதுக்க வேண்டும் என்ற விழிப்புணர்வை ஏற்படுத்தும் வகையில், காலை 7.30 மணிபயிற்சி (3 கிமீ) தொடங்கி எஸ்டி அலுவலகம் வழியே சென்று மீண்டும் கலைக்கடர் அலுவலகத்தில் முடிவடைந்தது.

இதில் பள்ளி, கல்லூரி மாணவ, மாணவிகள், பொதுமக்கள் என 300க்கும் மேற்பட்டோர் கலந்துகொண்டனர். இந்த ஓட்டத்தில் உடற்பயிற்சிகளை அவசியம், உடற்பயிற்சிகள் நலன்கள் குறித்து எடுத்துரைக்கப்பட்டது.

மேலும், செங்கல்பட்டு மாவட்டம் முழுவதும் இன்று நடக்கும் கொரோனா சிறப்பு தடுப்பூசி முகாமில், 18 வயதுக்கு மேற்பட்ட, அனைவரும் தடுப்பூசி செலுத்து கொள்ள வேண்டும் என அறிவுறுத்தி, கொரோனா தடுப்பூசிகள் அவசியம் குறித்து விழிப்புணர்வு ஏற்படுத்தப்பட்டது. தொடர்ந்து, ஓட்டத்தில் பங்குபெற்று, முதல் 3 இடம் பிடித்த மாணவ, மாணவிகளுக்கு பரிசுகள் மற்றும் சான்றிதழ்களை கலைக்கடர் ராகுல்நாத் வழங்கினார்.

புகழ்ச்சியில், கலைக்கடர் ராகுல்நாத் நேற்று முக கதவிபாளர் வட்டகமணன், செங்கல்பட்டு ஆர்.டி.ஓ சாகிதா பர்விள், செங்கல்பட்டு நகராட்சி ஆணையர் ராஜகவுட்குடி, மாவட்ட விளையாட்டு மற்றும் இளைஞர் நல அலுவலர் எஸ்.ரமேஷ், நாட்டு நலப்பணி அலுவலர் டாக்டர் பிரகாஷ், மாவட்ட இளைஞர் அலுவலர் சரவணன், தமிழ்நாடு விளையாட்டு மேம்பாட்டு கழக நீகல் பயிற்சியாளர் ஆனந்த், பாரதியார் இளைஞர் நலத்தலைவர் கரேந்தர் என்பட பலர் கலந்து கொண்டனர்.