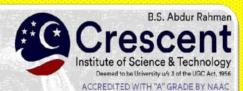


Online Quiz of COVID - 19 Awareness and Need of Physical Activity

Department of Physical Education organized Online Quiz of COVID 19 Awareness and Need of Physical Activity on 22.05.2020 to 25.05.2020.



Seethakathi Estate, G.S.T. Road, Vandalur, Chennai - 600048. http://www.bsauniv.ac.in

Online Quiz of COVID - 19 Awareness

&

Need of Physical Activity

(Date: 22.05.2020 to 25.05.2020)

Organized by

Department of Physical Education BS Abdur Rahman Crescent IST, Chennai - 48

E-Certificate will be provided for the all participants.

Participation Link given below:

https://docs.google.com/forms/d/e/1FAIpQLSeB3SLyQLg4tD9JQSjb3F2 WpLd1t8vQo4DqmHdYMq2h6A1KzQ/viewform?usp=sf link

Dr. S. SELVAKUMAR Director, Dept. of PE Dr. Rajha Hussain Dy. Registrar Dr. A. Azad Registrar



Online Quiz, Asana Posture Competition and Live demo and Webinar on Yoga

Department of Physical Education, office of Student Affairs and Crescent Silambam Club organized Online Quiz, Asana Posture Competition and Live demo and Webinar on Yoga by Dr.Selvi on 21.06.2020





Seethakathi Estate, G.S.T. Road, Vandalur, Chennai - 600048. http://www.bsauniv.ac.in

INTERNATIONAL YOGA DAY CELEBRATIONS

OF CRESCENT FAMILY

Department of Physical Education

Jointly Organized with Student Affairs & Crescent Silambam Club

Live Event of Yoga Demonstration

(On 21.06.2020 @ 6.30 am)

Asana Poster Competition

(3 Asana Images Should be sent in JPEG format on or before 20.06.2020)

Online Quiz Programme



Link will be available from 21.06.2020 E-Certificate will be provided for the all participants.

For Registration:



Further Details

Dr. S. Selvakumar Director Dept of Physical Education 9790085085 Dr. Karthikeyan Dean Student Affairs 7502534668

"YOGA AT HOME" AND "YOGA WITH FAMILY"



The 1st State Level Targetball Shooting Competition – 2020

7th National Youth Rural Games - 2020

Mr. Vasist Vignesh of 1st MBA won the Gold Medal(Performance: 7.20 Mts) in the event of long jump at 7th National Youth Rural Games 2020, Organized by Youth Rural Sports and Games Federation of Indiaheld at Anjuna Stadium and Muspsa Stadium, Goa on 20th November to 23rd November 2020. This is the greatest achievement by our student putting his hard work & dedication. We are thankful to our beloved Chancellor, Pro Chancellor, Pro Vice Chancellor, Registrar, Deputy Registrar and General Manager for congratulating our student.





Mr. Vasist Vignesh of 1st MBA



Yoga day celebrating 2021the Webinar on Yoga as the Celebration of *INTERNATIONAL DAY OF YOGA 2021*BS Abdur Rahman Crescent Institute of Science and Technology* GST Road, Vandalur, Chennai

*WEBINAR ON YOGA FOR HOLISTIC LIVING *

(19TH & 20TH JUNE 2021 @ 5PM)

LIVE DEMO AND WEBINAR ON YOGA FOR IMMUNITY IMPROVEMENT AND ANNOUNCEMENT OF SUPER BRAIN YOGA COMPETITION WINNERS





INTERNATIONAL YOGA DAY CELEBRATIONS - 2021

Department of Physical Education, Student Affairs & Crescent Silambam and Yoga Club

WEBINAR ON YOGA FOR IMMUNITY IMPROVEMENT & ANNOUNCEMENT OF SUPER BRAIN YOGA COMPETITION WINNERS



Speaker:
Dr. S. Jayaprakash
Principal,
Vethatiri Maharishi College of Yoga.

Register for Free,

Link: https://forms.gle/stdN7qZRvct6BMkr7

Join WhatsApp: https://chat.whatsapp.com/HFm3rEOibot0UjqVdxBQuk Joining Link (Google Meet): https://meet.google.com/gve-gano-bcv

Organizing Secretaries:

Dr. S. Selvakumar Director, Dept. of Physical Education 9790085085 Dr. R. Karthikeyan Dean, Student Affairs 7502534668

*E - Certificate will be Provided for Registered Participants

"YOGA AT HOME" AND "YOGA WITH FAMILY"

(21ST JUNE 2021 @ 10am)



07/08/2021we have signed a Memorandum of Understanding with Tamil Nadu Physical Education and Sports University. Our BSACIST students can utilise the coaches for their training and other sports related activities.







the FIT India Freedom Run 2.0

BSA Crescent IST students and staff members were participated in the FIT India Freedom Run 2.0 organised by Sports Development Authority of Tamil Nadu, Chengalpattu for the Celebration of 75th Independence Day, awareness of fitness among people and Awareness of COVID 19 vaccination. Chengalpet District Collector Thiru. A. R. Rahul Nath IAS has inaugurated the event and distributed Price and Certificates to the Participants. Department of Physical Education express its gratitude to the Management and Authorities of Crescent IST.









