

School of Life Sciences

**B.S. Abdur Rahman Crescent
Institute of Science & Technology**



INTERNATIONAL SYMPOSIUM ON YOGA AND ALTERNATIVE MEDICINE TO COMBAT COVID 19

**To celebrate
INTERNATIONAL YOGA DAY**

Free Registration

June 21, 2021

E- Certificate will be Provided



Streaming on YouTube

<http://www.youtube.com/c/SchoolofLifeSciencesBSACIST>

<https://forms.gle/3ze8SNPogZHbAoCv6>



INTERNATIONAL SYMPOSIUM ON YOGA AND ALTERNATIVE MEDICINE TO COMBAT COVID 19

Speakers

1 Role of integrated approach of yoga therapy and naturopathic intervention in combating covid -19 pandemic

Dr. Parameshwara M N, BNYS ,MD

**Government Nature cure and Yoga medical college and hospital,
Mysore**

2 Importance of yogic breathing techniques in prevention and management of covid -19

Dr. Nitesh M K, B.N.Y.S , MD

Alva's College of Naturopathy & Yogic Sciences , Dakshinna Kannada

3 Immunomodulatory and anti-inflammatory effect of yoga in covid -19

Dr. A. Lavanya M.D (S)

Siddha Central Research Institute, Chennai

Organizing Secretary

Dr. S. Hemalatha

**Professor and Dean, School of Life Sciences
BSACIST, Chennai, India**

Coordinators

Ms. S. Ranjani

Dr. Faridha Begum

Dr. C. Simon Durairaj

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